



## Santa Fe's Bishop's Lodge Announces Healing the Self Through Self Portrait Artist Workshop

**Santa Fe, N.M., June 2, 2010** - Bishop's Lodge Ranch Resort & Spa is now offering a three hour self-portrait workshop by award-winning Santa Fe artist Amy Stein which develops intuition and uncovers the creative spirit in each participant.

"All portraits are self-portraits, whether intended or not," she says. "Through this process you can learn to be a more creative person in many areas of your life – professional and personal."

It is important to note that no previous art experience or perceived talent is necessary to have a completely successful experience in this workshop. Workshop participants are amazed at the high quality portrait they create within such a short period of time.

Amy Stein, known for her beautiful artwork of the Southwest, has been profiled in the nationally published American Artist magazine and a recently published article in the Permanente Medical Journal describes her "Healing the Self through Self Portrait" process. She holds a Master of Fine Arts degree from the City University of New York, is a licensed Art teacher in New Mexico and is the courtroom artist for KOAT – Channel 7 News.

The workshop is geared to business, corporate, and academic groups in addition to individuals and creative leaders, and develops team-building, group communication, and creative leadership skills.

The self-portrait workshop and other team-building programs offered at Bishop's Lodge encourage bonding among the group and provide recreational learning events for corporations and other employee groups.

Bishop's Lodge also offers additional team-building exercises for meetings and conferences. Games and activities include a rodeo round-up with horse-handling training, a blind-folded retrieval task, a chili cook-off that requires participants to search for ingredients, cook and market their product, among others. Such activities provide the opportunity to improve communication, expand comfort zones and increase camaraderie.

Activities range from short ice-breakers to four-hour exercises, prices range from \$10 per participant to \$75 per participant.

Bishop's Lodge Resort & Spa has been recognized with the Smart Meetings Magazine Platinum Choice Award three years running.



*Amy Stein*

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**About Bishop's Lodge:**

The Bishop's Lodge Ranch Resort & Spa is a classic, historic destination resort minutes from downtown Santa Fe. Meeting spaces include four conference rooms totaling 8,000 square feet, fully wired with high-speed Internet access. Outdoor spaces are available for receptions and activities. Business support services are available, as well as catering and culinary planners.

Ranked by Travel & Leisure magazine as one of America's premier retreats, Bishop's Lodge Ranch Resort & Spa is managed by Prism Hotels & Resorts, whose clients also include Marriott, Hilton, Radisson, Doubletree, and Holiday Inn. To make a resort or spa reservation, call 800-732-2240 or visit [www.bishopslodge.com](http://www.bishopslodge.com).

