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FOR IMMEDIATE RELEASE:

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### **ShaNah Spa provides complimentary treatments for cancer survivors Oct. 30**

Santa Fe, NM – On Tuesday, Oct. 30, The SháNah Spa and Wellness Center will provide complimentary spa treatments for cancer survivors as part of National Cancer Month.

This is The SháNah Spa's 3rd annual Cancer Survivor's Day in cooperation with the New Mexico Chapter of the American Cancer Society on October 30. Staff and therapists donate their time to provide soothing, relaxing, customized spa treatments at no cost.

"We're delighted to have the opportunity to provide this service to cancer survivors," says Spa Director Antonieta Matter.

Inspired by the traditions of Native American people, the spa takes its name from the Navajo word for "vitality and energy," but the Native American traditions incorporated here derive from many American Indian tribes as well as eastern Indian massage techniques.

The SháNah Spa opened in 2002, and in 2004 was honored with **Conde Nast Johansens' "Most Outstanding Spa Award in North America and Caribbean."** It features a full menu of 27 spa treatments and 16 other services, and also offers a hot tub and Watsu pool in the spa's garden, fitness classes, work-out center, tennis courts and a heated, outdoor swimming pool.

Bishop's Lodge Ranch Resort & Spa offers gracious accommodations with rustic charm and contemporary features and is managed by Prism Hotels whose clients also include Marriott, Hilton, Radisson, Doubletree, and Holiday Inn. To make a resort or spa reservation, call 800-732-2240 or visit [bishopslodge.com](http://bishopslodge.com).

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